



## **2010 Ballard Little League Safety Code**

In order to provide a safer experience, Ballard Little League publishes this Safety Code. The following is a breakdown of responsibilities.

### Safety Officer

1. Oversee and promote safety program.
2. Review and revise safety program, as needed.
3. Act as liaison between Ballard Little League and the Seattle Parks Department.
4. Acquire and distribute products for first aid kits.
5. Distribute information on first aid training and arrange for a first aid training class to be held for coaches and umpires each season.
6. Present safety information at start-of-season coaches' orientation meeting
7. Ensure that accidents are properly reported

### Ballard Little League Board

1. Budget yearly funds for first aid kits and other safety related supplies.
2. Present opportunities for training/teaching first aid, player mechanics, and psychology of coaching.

### Managers and Coaches

1. Walk field before practices and games to inspect for rocks, glass, fill holes, etc. Inspect and correct as reasonable. Call Safety Officer for other ground maintenance and safety issues. Decide whether conditions are adequate for safe field use for practices, e.g. field condition, inclement weather, and lighting.
2. Have first aid kits and medical releases for all players on site.
3. Safely structure practice and pre-game warm-up drills, such as:
  - a. Parallel throwing lanes spaced far enough apart for wild throws.
  - b. Mandatory warm up and stretching.
  - c. All eyes on ball during practices and games.
4. Store equipment inside dugout or behind fences.
5. Review phone locations with players. Having cellular phones at fields is encouraged.
6. All male players are required to wear athletic supporters. Encourage players to wear cups. For catchers, wearing cups is mandatory.
7. Catchers must wear a catcher's helmet during infield/outfield practice, pitcher warm-up, and games.
8. Station a person with a glove to protect pitcher/catcher when pitcher is warming up behind fence during practice.
9. All batters in the minors (89ers, AAA) or majors softball and baseball programs (ages 8-12) will wear a batting helmet with a face guard when batting and as a base runner.
10. Instruct players that horseplay will not be tolerated before, during, or after Little League games, practices, and other functions.
11. Teach players the Little Leagues rules and highlight safety related rules.
12. Coaches and managers are required to have first aid training at least once every three (3) years, and at least one representative from each team must attend each year.
13. Coaches and managers are required to have fundamentals training at least once every three (3) years, and at least one representative from each team must attend each year. This requires coaches and managers to participate in a Little

- League sponsored coach clinic to ensure appropriate training in mechanics (i.e., pitching, throwing, batting).
14. All managers and coaches are required to attend Dr. Smoll's Sports Psychology program a minimum of one time as a Little League coach or manager, and attend the training within the first two years as a coach or manager.
  15. Never leave players unattended after games or practices.
  16. Distribute the safety code to parents at start-of-season parent meeting.
  17. Appoint one parent or coach as the team's safety parent. Notify the President and Safety Officer of the appointment.

#### Safety Parent

1. Act as a liaison between the team and the Safety Officer
2. Notify the Safety Officer if refills are needed for the first aid kit. Refill the first aid kit as products get used.
3. Report injuries to the Safety Officer within 48 hours.
4. Inspect equipment and replace/repair as needed with Equipment Manager.
5. Be prepared to assist coach/manager with injured player during games/practices.
6. Discourage contact between players and spectators during games. During games, players are to remain in the dugout or on the field.

#### Parents

1. Follow directions from the coach/manager and follow Little League rules at practices and games.
2. Pay attention to the ball and batter.
3. Do not engage in horseplay before, during, or after games/practices. Inattention and horseplay cause most injuries.
4. Make the coach/manager aware of unsafe conditions (such as holes in the field) and situations (such as swinging bats close to other players.)
5. Read and adhere to the Little League Code of Conduct distributed annually to parents by the parent representatives.

#### Umpires

1. Enforce Little League rules.
2. Decide whether conditions are adequate for safe field use for games, e.g. field condition, inclement weather, and lighting.
3. Male umpires must wear a cup.

#### Concessions

1. Concessions managers and all food handlers must have a County Health card.
2. Concession workers must obey County Health regulations.

#### Board of Directors

<b>Position</b>	<b>Name</b>	<b>Phone</b>	<b>Other Phone</b>	<b>E-Mail</b>
<b>President</b>	Patty Lott	H 784-2527	C 941-3750	p.lott@comcast.net
<b>Secretary</b>	Suzanne Krueger	H782-0640	919-3823	kruegersuzy@hotmail.com
<b>Treasurer</b>	Bart Brosten	H 782-7001		bbrosten@positiveplace.org

<b>Player Agent - Baseball</b>	David Brandt	H 783-9575		cdsbrandt@comcast.net
<b>Player Agent - Softball</b>	Libby Wood	H 245-6188		Libs1111@gmail.com
<b>VP Seniors</b>	Don Peterson	H 783-6454		doncinpete@comcast.net
<b>VP Majors</b>	John Vadino	H 706-1285	C 372-4781	vadino@tpnevents.com
<b>VP AAA</b>	Steve Dorman	W 332-8137	C 245-3059	Steve.dorman@crowley.com
<b>VP 89ers</b>	Renee Gowdy	H 706-8123		Renee.gowdy@kiewit.com
<b>VP Softball</b>	Torrey Volk	H 427-1005		torreyvolk@comcast.net
<b>Director of Retention &amp; Recruitment</b>	Billy Marshall	H 784-1815		karrimarshall@yahoo.com
<b>Safety Officer</b>	Jeff Spring	H 783-4559	C 459-1152	JeffSpring@gmail.com
<b>Chief Umpire</b>	Jeff Spring	H 783-4559	C 459-1152	JeffSpring@gmail.com
<b>Umpire Scheduler</b>	Beau Holt	H 349-5616	C 297-0394	socobea@hotmail.com
<b>Equipment Manager</b>	Jon Calderwood	H 782-1575		Jwood17@msn.com
<b>Uniform Manager</b>	Mary Kay Vadino	H 706-1285		mkvadino@comcast.net
<b>League Information Officer</b>	Paul Anderson	H 782-2102		mister_anderson@msn.com
<b>Fundraising Chair</b>	Katie Franklin	H 781-4672		catherinfranklin@comcast.net
<b>Parent Rep Coordinator &amp; Photos</b>	Melissa Leonard	H 781-1484		melbruleonard@yahoo.com
<b>Coaching Coordinator</b>	Phil Beck	H 706-1755	C 965-0167	tinsleygirls@aol.com
<b>Board Member at Large – Position #1 - Special Events</b>	Cindy Peterson	H 783-6454		doncinpete@comcast.net
<b>Board Member at Large – Position #2 – Field</b>	Bob McCormick	H 789-0749	C 706-1311	bobmcc@porticotech.com

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**Scheduler**

<b>Mariner Ticket Coordinator Board Appointed Position</b>	Beth Dennis	H 783-1234	rnbdenis@msn.com
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**Other Volunteers**

<b>Apparel Coordinator</b>	Betty Brownlee	H 789-0823	babrownlee@comcast.net
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<b>Trophy Coordinator</b>	<b><i>OPEN</i></b>
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<b>Summer League Coordinator</b>	<b><i>OPEN</i></b>
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